

ESTJ

“The Supervisor”

E S T J = Elevated Stress Tightens Jaw



ESTJ's are practical, realistic, and matter-of-fact, with a natural head for business or mechanics.

ESTJ's take a practical approach to life that is guided by their matter-of-fact attitudes and focus on realism. They recognize tradition and prefer order which makes them strong leaders.

They abhor laziness and cheating, and instead stick to their principles with unclouded judgment. They are often described by others as charismatic, focused and driven.

Characteristics

- They naturally step into leadership roles.
- Live in a world of facts and concrete needs.
- The ESTJ is usually a model citizen.
- Potential to become overly detail-oriented.

Possible Careers

Business Administrator, Financial Officer, Office Manager, Military

Famous ESTJs

Hillary Clinton, Henry Ford, Billy Graham, Judge Judy, Martha Stewart